Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage for: Individual/Family | Plan Type: PPO



**This is only a summary.** If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at <a href="https://www.anthem.com">www.anthem.com</a> or by calling 1-844-453-4508.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	\$750 Individual/\$1,500 Family for Preferred Providers. \$1,500 Individual/\$3,000 Family for Non-Preferred Providers. Preferred Provider and Non-Preferred Provider deductibles are combined. Satisfying one helps satisfy the other.	You must pay all the costs up to the <u>deductible</u> amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <u>deductible</u> starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the <u>deductible</u> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services, but see the chart starting on page 2 for other costs for services this plan covers.
Is there an <u>out-of-pocket</u> <u>limit</u> on my expenses?	Yes. <b>\$1,500</b> Individual/ <b>\$3,000</b> Family for Preferred Providers. <b>\$3,000</b> Individual/ <b>\$6,000</b> Family for Non-Preferred Providers. Preferred Provider and Non-Preferred Provider out-of-pocket are combined. Satisfying one helps satisfy the other.	The <u>out-of-pocket limit</u> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the <u>out-of-pocket limit?</u>	Penalties incurred for failing to obtain precertification/utilization review, Premiums, Balance-billed charges and Health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u> <u>limit</u> .
Is there an overall annual limit on what the plan pays?	No.	The chart starting on page 2 describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits.
Does this plan use a <u>network</u> of <u>providers</u> ?	Yes. See <u>www.anthem.com</u> or call 1-844-453-4508 for a list of Preferred Providers.	If you use an in-network doctor or other health care <b>provider</b> , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network <b>provider</b> for some services. Plans use the term in-network, <b>preferred</b> , or participating for <b>providers</b> in their <b>network</b> . See the chart starting on page 2 for how this plan pays different kinds of <b>providers</b> .

Questions: Call 1-844-453-4508 or visit us at www.anthem.com.

If you aren't clear about any of the underlined terms used in this form, see the Glossary. You can view the Glossary at <a href="https://www.anthem.com">www.anthem.com</a> or call 1-844-453-4508 to request a copy.

Do I need a referral to see a specialist?	No. You don't need a referral to see a specialist.	You can see the <b>specialist</b> you choose without permission from this plan.
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 7. See your policy or plan document for additional information about <b>excluded services</b> .



- Copayments are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- <u>Coinsurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>coinsurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.
- The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the <u>allowed amount</u>, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the <u>allowed amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing</u>.)
- This plan may encourage you to use Preferred <u>providers</u> by charging you lower <u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u> amounts.

Common Medical Event	Services You May Need	Your Cost If You Use a Preferred Provider	Your Cost If You Use a Non- Preferred Provider	Limitations & Exceptions
	Primary care visit to treat an injury or illness	\$50 Copay/Visit	40% After Deductible	none
	Specialist visit	\$50 Copay/Visit	40% After Deductible	none
If you visit a health care <u>provider's</u> office or clinic	Other practitioner office visit	Chiropractor \$50 Copay/Visit Acupuncturist \$50 Copay/Visit	Chiropractor 40% After Deductible Acupuncturist 40% After Deductible	Chiropractor Coverage is limited to 40 visits maximum per Benefit Period.
	Preventive care/screening/immunization	No Cost Share	40% After Deductible	none

Common Medical Event	Services You May Need	Your Cost If You Use a Preferred Provider	Your Cost If You Use a Non- Preferred Provider	Limitations & Exceptions
If you have a test	Diagnostic test (x-ray, blood work)	Lab – Office 20% After Deductible X-Ray – Office 20% After Deductible	Lab – Office 40% After Deductible X-Ray – Office 40% After Deductible	Lab – Office Failure to obtain pre-certification may result in non-coverage or reduced benefits for below services: Diagnosis of Sleep Disorders, Gene Expression Profiling for Managing Breast Cancer Treatment and Genetic Testing for Cancer Susceptibility. Costs may vary by site of service. You should refer to your formal contract of coverage for details. X-Ray – Office Failure to obtain pre-certification may result in non-coverage or reduced benefits for below services: Diagnosis of Sleep Disorders, Gene Expression Profiling for Managing Breast Cancer Treatment and Genetic Testing for Cancer Susceptibility. Costs may vary by site of service. You should refer to your formal contract of coverage for details.
	Imaging (CT/PET scans, MRIs)	20% After Deductible	40% After Deductible	Failure to obtain pre-certification may result in non-coverage or reduced benefits for below service:  MRI Guided High Intensity Focused Ultrasound Ablation of Uterine Fibroids.

Common Medical Event	Services You May Need	Your Cost If You Use a Preferred Provider	Your Cost If You Use a Non- Preferred Provider	Limitations & Exceptions
	Generic Formulary Drugs	\$10 Copay/Prescription fill for Retail Pharmacy \$20 Copay/Prescription fill for Mail Order	Not Covered	30-day supply for Retail Pharmacy. 90-day supply for Mail Order.
More information about prescription drug coverage is available at www.anthem.com	Brand Name Formulary Drugs	\$60 Copay/Prescription fill for Retail Pharmacy \$120 Copay/Prescription fill for Mail Order	Not Covered	30-day supply for Retail. 90-day supply for Mail Order. If a Generic is available, a Participant who elects to use a Brand Drug as a matter of preference will be responsible for the difference in cost between the Brand and the Generic Prescription.
	Brand Name Non- formulary Drugs	\$100 Copay/Prescription fill for Retail Pharmacy \$200 Copay/Prescription fill for Mail Order	Not Covered	30-day supply for Retail. 90-day supply for Mail Order. If a Generic is available, a Participant who elects to use a Brand Drug as a matter of preference will be responsible for the difference in cost between the Brand and the Generic Prescription.
	Specialty Drugs	\$200 Copay/Prescription fill for Mail Order	Not Covered	none
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% After Deductible	40% After Deductible	none
	Physician/surgeon fees	<b>20%</b> After Deductible	40% After Deductible	none
If you need immediate medical attention	Emergency room services	\$250 Copay/Visit	\$250 Copay/Visit	Failure to obtain pre-certification for Emergency Admissions (Requires Plan notification no later than 2 business days after admission) may result in non-coverage or reduced benefits.

Common Medical Event	Services You May Need	Your Cost If You Use a Preferred Provider	Your Cost If You Use a Non- Preferred Provider	Limitations & Exceptions
	Emergency medical transportation	\$100 Copay/Trip	40% After Deductible	none
	Urgent care	\$50 Copay/Visit	40% After Deductible	There may be other levels of cost share that are contingent on how services are provided, please see your formal contract of coverage for a complete explanation.
If you have a	Facility fee (e.g., hospital room)	20% After Deductible	40% After Deductible	none
hospital stay	Physician/surgeon fee	20% After Deductible	40% After Deductible	none
	Mental/Behavioral health outpatient services	Mental/Behavioral Health Office Visit \$50 Copay/Visit	Mental/Behavioral Health Office Visit <b>40%</b> After Deductible	Mental/Behavioral Health Office Visitnone Mental/Behavioral Health Facility Visit— Facility Charges Pre-certification may be required after the initial twelve (12) visits. Please call the plan for account- specific details.
If you have mental health, behavioral	Mental/Behavioral health inpatient services	20% After Deductible	40% After Deductible	none
health, or substance abuse needs	Substance use disorder outpatient services	Substance Abuse Office Visit \$50 Copay/Visit	Substance Abuse Office Visit 40% Coinsurance	Substance Abuse Office Visit Substance Abuse Facility Visit – Facility Charges Pre-certification may be required after the initial twelve (12) visits. Please call the plan for account- specific details.
	Substance use disorder inpatient services	20% After Deductible	40% After Deductible	none
If you are pregnant	Prenatal and postnatal care	20% After Deductible	40% After Deductible	none

Common Medical Event	Services You May Need	Your Cost If You Use a Preferred Provider	Your Cost If You Use a Non- Preferred Provider	Limitations & Exceptions
	Delivery and all inpatient services	20% After Deductible	40% After Deductible	Applies to inpatient facility. Other cost shares may apply depending on the services provided. Failure to obtain pre-certification may result in non-coverage or reduced benefits for OB delivery stays beyond the Federal Mandate minimum LOS (including newborn stays beyond the mother's stay).
	Home health care	20% After Deductible	40% After Deductible	Coverage is limited to 100 visits maximum per Benefit Period.
	Rehabilitation services	20% After Deductible	40% After Deductible	none
If you need help	Habilitation services	20% After Deductible	40% After Deductible	none
If you need help recovering or have other special health	Skilled nursing care	20% After Deductible	40% After Deductible	Coverage is limited to 90 days maximum per Benefit Period.
needs	Durable medical equipment	20% After Deductible	40% After Deductible	Pre-Certification may be required.
	Hospice service	20% After Deductible	40% After Deductible	Coverage is limited to 365 visits or 365 days for Lifetime Maximum combined for Inpatient and Outpatient Hospice care.
If ways shild monda	Eye exam	Not Covered	Not Covered	Refer to VSP Benefit Summary
If your child needs dental or eye care	Glasses	Not Covered	Not Covered	Refer to VSP Plan Document
dental or eye care	Dental check-up	Not Covered	Not Covered	Refer to Description of Dental Benefits

#### **Excluded Services & Other Covered Services:**

#### Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

- Bariatric surgery
- Cosmetic surgery
- Dental care (Adult)

- Infertility treatment
- Long-term care
- Routine eye care (Adult)

 Routine foot care (Unless you have been diagnosed with diabetes. Consult your formal contract of coverage.)

### Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

- Chiropractic care
- Acupuncture
- Private-duty nursing

- Hearing aids (One aid per ear per 60 month period.)
- ABA Therapy (20 Hour Week Maximum)
- Weight loss programs

- Most coverage provided outside the United States. See
  - www.bcbs.com/bluecardworldwide

#### **Your Rights to Continue Coverage:**

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a premium, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 1-844-453-4508. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or <a href="https://www.dol.gov/ebsa">www.dol.gov/ebsa</a>, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or <a href="https://www.cciio.cms.gov">www.cciio.cms.gov</a>.

#### **Your Grievance and Appeals Rights:**

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to <u>appeal</u> or file a <u>grievance</u>. For questions about your rights, this notice, or assistance, you can contact:

Anthem BlueCross BlueShield ATTN: Appeals P.O. Box 105568 Atlanta, GA 30348-5568 State of Indiana Department of Insurance 311 W. Washington Street, Suite 300, Indianapolis, Indiana 46204 (800) 622-4461 or (317) 232-2395

Or Contact:

Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA(3272) or www.dol.gov/ebsa/healthreform

#### **Language Access Services:**

Si no es miembro todavía y necesita ayuda en idioma español, le suplicamos que se ponga en contacto con su agente de ventas o con el administrador de su grupo. Si ya está inscrito, le rogamos que llame al número de servicio de atención al cliente que aparece en su tarjeta de identificación.

如果您是非會員並需要中文協助,請聯絡您的銷售代表或小組管理員。如果您已參保,則請使用您 ID 卡上的號碼聯絡客戶服務人員。

Kung hindi ka pa miyembro at kailangan ng tulong sa wikang Tagalog, mangyaring makipag-ugnayan sa iyong sales representative o administrator ng iyong pangkat. Kung naka-enroll ka na, mangyaring makipag-ugnayan sa serbisyo para sa customer gamit ang numero sa iyong ID card.

Doo bee a'tah ni'liigoo eí dooda'í, shikáa adoołwoł íínízinigo t'áá diné k'éjíígo, t'áá shoodí ba na'ałníhí ya sidáhí bich'į naabídííłkiid. Eí doo biigha daago ni ba'nija'go ho'aałagíí bich'į hodiilní. Hai'daa iini'taago eíya, t'áá shoodí diné ya atáh halne'ígíí ní béésh bee hane'í wólta' bi'ki si'niilígíí bi'kéhgo bich'į hodiilní.

	To see examples of ho	w this plan might cover cos	ts for a sample medical situation	n, see the next page.——————	_
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# **About these Coverage Examples:**

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



# This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

#### Having a baby

(normal delivery)

■ Amount owed to providers: \$7,540

Plan pays: \$5,890Patient pays: \$1,650

#### Sample care costs:

Hospital charges (mother)	\$2,700
Routine obstetric care	\$2,100
Hospital charges (baby)	\$900
Anesthesia	\$900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$40
Total	\$7,540

#### Patient pays:

Deductibles	\$750
Copays	\$0
Coinsurance	\$750
Limits or exclusions	\$150
Total	\$1,650

#### **Managing type 2 diabetes**

(routine maintenance of a well-controlled condition)

■ Amount owed to providers: \$5,400

Plan pays: \$3,820Patient pays: \$1,580

#### Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

#### Patient pays:

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Deductibles	\$750
Copays	\$600
Coinsurance	\$150
Limits or exclusions	\$80
Total	\$1,580

#### **Questions and answers about the Coverage Examples:**

# What are some of the assumptions behind the Coverage Examples?

- Costs don't include <u>premiums</u>.
- Sample care costs are based on national averages supplied by the U.S.
   Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from innetwork <u>providers</u>. If the patient had received care from out-of-network <u>providers</u>, costs would have been higher.

### What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how <u>deductibles</u>, <u>copayments</u>, and <u>coinsurance</u> can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

## Does the Coverage Example predict my own care needs?

No. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

## Does the Coverage Example predict my future expenses?

No. Coverage Examples are <u>not</u> cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your <u>providers</u> charge, and the reimbursement your health plan allows.

## Can I use Coverage Examples to compare plans?

Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

# Are there other costs I should consider when comparing plans?

Yes. An important cost is the premium you pay. Generally, the lower your premium, the more you'll pay in out-of-pocket costs, such as copayments, deductibles, and coinsurance. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.